

Optinet™
FLEX
ADVANCED PRACTICE MANAGEMENT SOFTWARE



A guide to creating and customising Contact Lens Records (non-Clinical) in FLEX from Optinet.

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Introduction

Welcome to Contact Lens Records (non-Clinical) in FLEX from Optinet. There are two versions of FLEX – Clinical and non-Clinical. The non-Clinical, broadly speaking, is just to log the lenses worn, notes and a recall, whilst the Clinical version gives you the ability to create your own bespoke assessments, enter several trials, the Efron grading scale, create clinical drawings and much more.

This guide covers the “non-Clinical” content for Contact Lenses – seen by all staff in practices that do not use Clinical Records, and OA’s, DO’s etc (i.e. non-clinicians) in practices that use Clinical Records.

You can book remote telephone training sessions to help you get to grips with areas you may be struggling with, or to help you maximise the potential of the software. These sessions and the web help are included in your monthly charge.

Also, it is not uncommon for practices to book further training, one to three months after the initial training to capitalise on the system.

The support team will be happy to help you with any queries every weekday from 8:45 to 5:30, and also offer a limited service on Saturdays from 9:00 to Noon. Our “FLEXpress” newsletter, available by email to share with your colleagues, details our “Appointment to View” webinars, links to watch video support and give your feedback on the software. It also includes Quick Tips, Diary Dates and details of the latest National Eyecare Group offers available.

Finally, may I wish you the very best of luck with FLEX Contact Lens Records, and if there is anything else I can help with, you can also contact me personally using the details below.

Yours Faithfully,

Chris Gray

Customer Services Manager for Optinet

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To create a new Contact Lens Record, click the 'New' button on the Patient Record, and then click 'New Contact Lens Record'. This will open a window containing the new contact lens record.

Clinical users will initially be shown two types of test: if you see this window, please see our full Clinical guide. Without the Clinical Module, you will see the window below:

Flex™ Save New Lens Cancel

Mr Chris Gray Ref:
 NHS GLAUCOMA DIABETIC
 DOB:
 ☆ ★

This Examination Record Last Sight Test Rx:
 Optician: Mr Optinet Staff Member Date: 02/01/2018
 Type: Aftercare Time: 13:12
 Optician: R VAU Sph Cyl Axis Add VAA
 Date: 13/09/2016 11:51 L +1.00 Plano 0.0 1.00 6/5
 +2.00 Plano 0.0 1.00 6/5

Refraction Lens Fit Recall

Lenses

| Supplier | Description | BOZR | TD | BVP | Cyl | Axis | Add | Bk BOZR | Bk BVP |
|------------------|---------------------|----------------|-------|--------|---------------|-----------|-------|---------|--------|
| R J&J | 1-DAY ACUVUE | 8.40 | 14.20 | -5.25 | | | | | |
| Type | Design | Design Options | Tint | Colour | Rep. Schedule | Pack Size | Price | | |
| Soft | Spherical | | | | Daily | 900 | £0.00 | | |
| L J&J | 1-DAY ACUVUE | 8.40 | 14.20 | -3.00 | | | | | |
| Type | Design | Design Options | Tint | Colour | Rep. Schedule | Pack Size | Price | | |
| Soft | Spherical | | | | Daily | 900 | £0.00 | | |

Visual Acuity: Pre Visual Acuity: Pre (N) Over-Refraction Corrected Rx

| Bino | 6 / | 0 | Bino | N | Sph | Cyl | Axis | Add | BVD | Sph | Cyl | Axis | Add | Apply | |
|-------|-----|---|-------|---|-------|------|------|------|-----|-------|-------|------|-----|-------|--------------------------|
| Right | 6 / | 0 | Right | N | Plano | 0.00 | 0.0 | 0.00 | 0 | Right | -5.25 | 0.00 | 0.0 | 0.00 | <input type="checkbox"/> |
| Left | 6 / | 0 | Left | N | Plano | 0.00 | 0.0 | 0.00 | | Left | -3.00 | 0.00 | 0.0 | 0.00 | <input type="checkbox"/> |

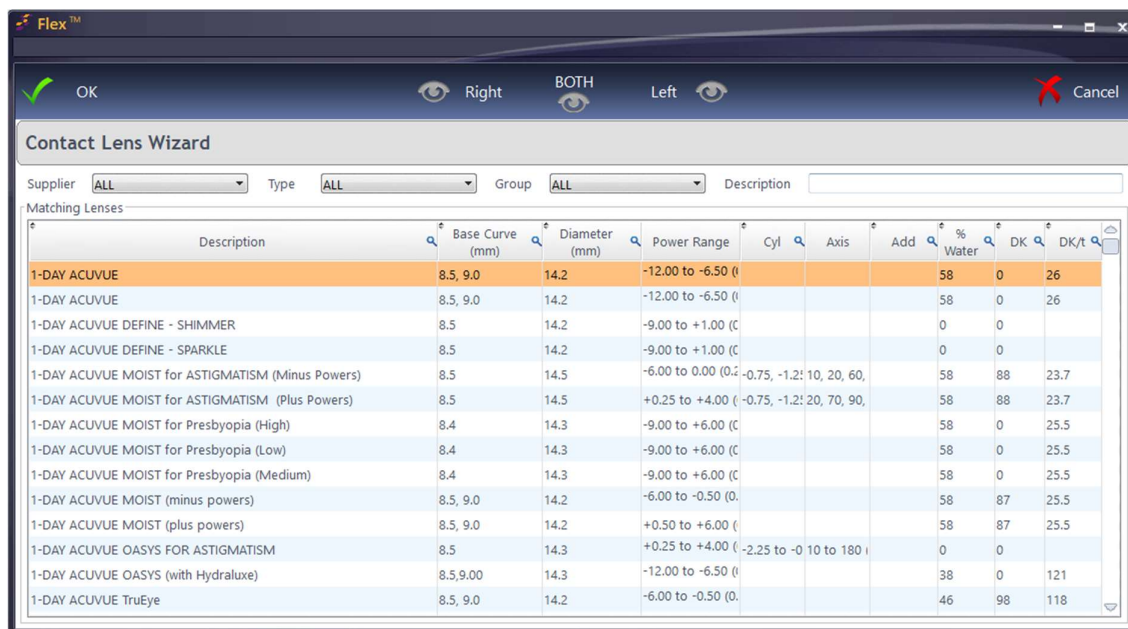
Visual Acuity: Post Visual Acuity: Post (N) Toric Alignment Final Rx

| Bino | 6 / | 0 | Bino | N | Right | Left | Sph | Cyl | Axis | Add | Override |
|-------|-----|---|-------|---|-------|------|-------|-------|------|-----|--------------------------|
| Right | 6 / | 0 | Right | N | 0° | 0° | Right | -5.25 | | | <input type="checkbox"/> |
| Left | 6 / | 0 | Left | N | | | Left | -3.00 | | | <input type="checkbox"/> |

Refraction

Refraction is where you can add lenses to the contact lens record as well as details about the patient's prescription. The following screenshots show the different sections of this page.

To add new lenses, click '**New Lens**' at the top of the window. This will bring up the **Lens Wizard**. In the lens wizard, hovering the mouse over a lens will display a tooltip showing the prices for each pack size, and changing the pack size on the contact lens record will automatically update the price.



Choose the **Supplier**, **Lens Type** and **Lens Group**. Lenses available will be shown under **Matching Lenses**. Double-click on a lens to select it for both eyes (or press **BOTH**) shown at the top of the screen. The lenses will then be shown in yellow rectangles for each eye. Alternatively, press **Right / Left** to select for just one eye, and then find the other lens (if relevant) and repeat the process. Press **OK** and the Lens Wizard will close; we will then be back to our previous screen with the lenses now populated.

You may have to manually select the **BOZR** if multiple base curves are available for that lens. You can then choose the **BVP**, where only powers available for that lens are shown. For Toric lenses you can add in the **Cyl / Axis** and **Add**.

Bottom Half:

Visual Acuity: Pre can be entered. This is open to interpretation, but we would suggest this is Unaided. Near Vision can be entered in Pre (N)

Over-refraction can be entered for reference. To include in the Rx, tick the Apply button, which will update the Wearing / Order Rx.

Visual Acuity: Post can be entered, along with Toric Alignment for Toric Lenses, which again is open to interpretation by the CLO.

Flex™

Save New Lens Cancel

Mr Chris Gray

NHS GLAUCOMA DIABETIC

DOB: Ref:

This Examination Record

Optician: Mr Optinet Staff Member Date: 02/01/2018

Type: Aftercare Time: 13:12

Last Sight Test Rx

| | VAU | Sph | Cyl | Axis | Add | VAA |
|---|-----|-------|-------|------|------|-----|
| R | | +1.00 | Plano | 0.0 | 1.00 | 6/5 |
| L | | +2.00 | Plano | 0.0 | 1.00 | 6/5 |

Refraction Lens Fit Recall

Lenses

| Supplier | Description | BOZR | TD | BVP | Cyl | Axis | Add | Bk BOZR | Bk BVP |
|----------|--------------|------|-------|-------|-----|------|-----|---------|--------|
| R J&J | 1-DAY ACUVUE | 8.40 | 14.20 | -5.25 | | | | | |
| L J&J | 1-DAY ACUVUE | 8.40 | 14.20 | -3.00 | | | | | |

Visual Acuity: Pre

| Bino | 6 / | |
|-------|-----|---|
| Right | 6 / | 0 |
| Left | 6 / | 0 |

Visual Acuity: Pre (N)

| Bino | N | |
|-------|---|--|
| Right | N | |
| Left | N | |

Over-Refraction

| | Sph | Cyl | Axis | Add | BVD |
|-------|-------|------|------|------|-----|
| Right | Plano | 0.00 | 0.0 | 0.00 | 0 |
| Left | Plano | 0.00 | 0.0 | 0.00 | |

Corrected Rx

| | Sph | Cyl | Axis | Add | |
|-------|-------|------|------|------|--------------------------------|
| Right | -5.25 | 0.00 | 0.0 | 0.00 | <input type="checkbox"/> Apply |
| Left | -3.00 | 0.00 | 0.0 | 0.00 | <input type="checkbox"/> Apply |

Visual Acuity: Post

| Bino | 6 / | |
|-------|-----|---|
| Right | 6 / | 0 |
| Left | 6 / | 0 |

Visual Acuity: Post (N)

| Bino | N | |
|-------|---|--|
| Right | N | |
| Left | N | |

Toric Alignment

Right 0° Left 0°

Final Rx

| | Sph | Cyl | Axis | Add | |
|-------|-------|-----|------|-----|-----------------------------------|
| Right | -5.25 | | | | <input type="checkbox"/> Override |
| Left | -3.00 | | | | <input type="checkbox"/> Override |

Non-Clinical users should now head to [Fit](#)

Lens Fit

The Lens Fit page allows us to graphically show how the lens sits on the eye, using the 'arrow' buttons to move the lens. We can also show the patient's **Subjective Comfort** on a scale of 1-10 using the slider. under Grading.

There are also results which can be entered for the **Tear Quality, Tear Breakup, Movement on Blink, Lag on lateral** and a drop-down for the **Push-Up Test**, separated into left and right eyes.

Any other notes can also be made in the '**Notes**' box, and paragraphs can be inserted when right-clicking.

The screenshot shows the Flex software interface for a patient named Mr Chris Gray. The interface is divided into several sections:

- Header:** Includes a 'Save' button (green checkmark) and a 'Cancel' button (red X).
- Patient Information:** Name 'Mr Chris Gray', NHS status, and medical conditions 'GLAUCOMA' and 'DIABETIC'. It also shows 'DOB:' and 'Ref:' fields.
- Examination Record:** 'This Examination Record' section with fields for 'Optician' (Mr Optinet Staff Member), 'Date' (02/01/2018), and 'Time' (13:12). 'Type' is set to 'Aftercare'.
- Last Sight Test Rx:** A table showing previous prescriptions for Right (R) and Left (L) eyes.
- Refraction and Lens Fit:** 'Refraction' and 'Recall' tabs are visible. The 'Lens Fit' section contains 'Right Lens Fit' and 'Left Lens Fit' panels, each with a circular diagram and arrow buttons for adjusting the lens position.
- Grading:** A 'Subjective Comfort' slider ranging from 0 to 10, currently set at 0.
- Clinical Measurements:** Fields for 'Tear Quality', 'TBUT' (Tear Breakup Time), 'Movement on blink', 'Lag on lateral', and 'Push Up Test' for both Right (R) and Left (L) eyes.
- Notes:** A large text area at the bottom for entering additional notes.

Non Clinical Users should now head to [Recall](#)



Recall

In the Recall tab, we can schedule various recalls and tasks, as well as assign the new lenses a status and make more notes if required:

Aftercare Recall - You can select a recall schedule to use and the due date for the patient to return will automatically be filled. You can manually change the amount of time using the '**Due In**' box and dropdown.

Additional Recall - You can assign an additional recall schedule to a patient by ticking 'override'.

Book Appointment - Using the **go to diary** tickbox, you are able to book a patient straight in for the next appointment once the contact lens record has been saved.

Staff Tasks - A task can be created from the contact lens record, allowing you to request that lenses be ordered and appointments to be booked as well as any other notes. Ticking any of the Yes boxes will generate an auto comment. Hovering over the question mark icon will give you a preview of what the note will look like. The staff tasks are created when the record is saved.

Lens Status - The status of the lens can be selected, be it Primary, Secondary, On Trial etc. This selection will reflect on the patient's main contact lens tab on their patient record.

Px Advice & General Notes - Any other advice or notes can be added here.

Solutions - Multiple solutions can be added to the record, either by entering a barcode or by clicking the 'Add Solutions' button

You can now save the record.

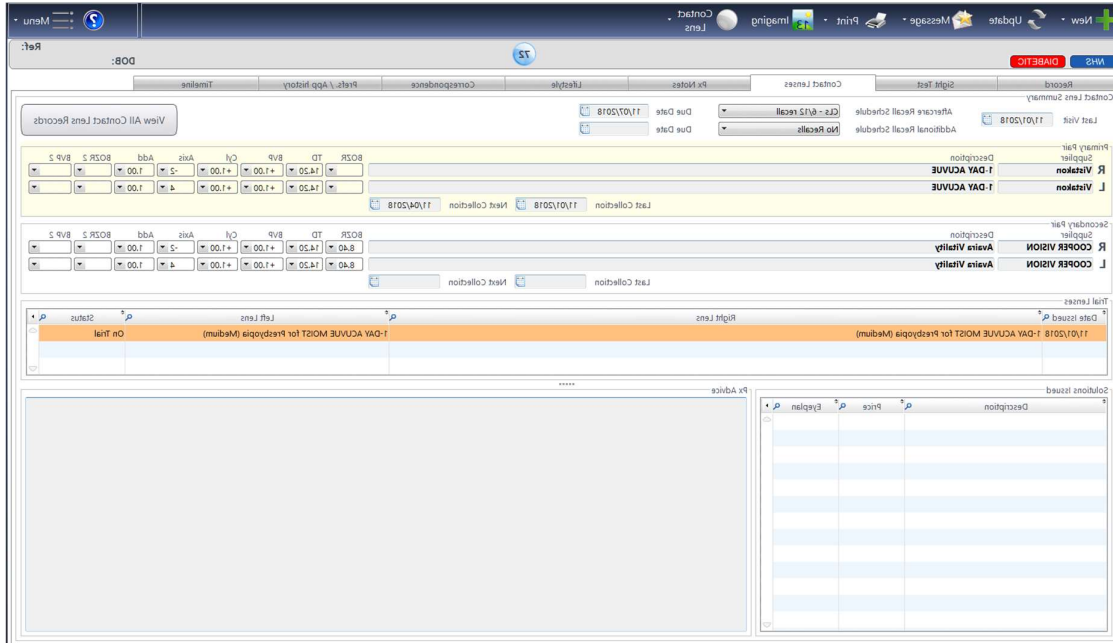
Collections

The **contact lens collection window** offers an easy way to update the collection dates. It is accessed from the contact lens drop down menu at the top of the **patient record**.

There are now separate collection dates for the **primary** and **secondary** pairs. Clicking collected will automatically skip the collection date ahead the same period as last time, or it can be adjusted manually.

Collection dates can also be updated when collecting a contact lens order. If the order is for the patient's primary or secondary pair of lenses, the contact lens collection dates will appear when marking the order as collected and can be adjusted as necessary.

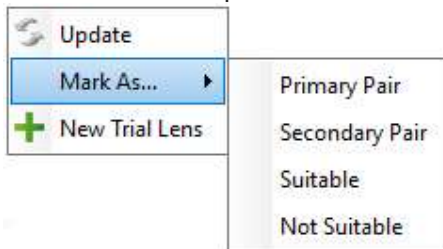
Contact Lens Home Screen



The contact lens home screen has been designed to show you the patient's relevant contact lens information all in one place, reducing the need to scroll back through previous records. Here you can see :

- The date of the patient's last contact lens exam and their recall due dates.
- The primary and secondary pairs of lenses the patient is currently wearing.
- Collection dates for the primary and secondary pairs.
- Any solutions being used by the patient.
- Any advice given to the patient by the practitioner.
- The patient's trial lens history and each pair's status.

You can right click on the table of trial lenses to update any of the trial lens records, quickly change their status, or add new trial lens records. Hovering the cursor over a trial lens in the table will display the Rx and general notes attached to the trial lens record in a tooltip.



If you need to view the complete contact lens record history, you can click the "View All Contact Lens Records" button at the top right of the home screen. Clicking on the "Contact Lenses" tab will then return you back to the contact lens home screen.